Et voila! By virtue of unlocking my password manager I can import my ssh key into the agent Now when my keys are at rest I don't have to worry, the passwords to use them can even be absolutely gnarly long random strings generated by pwmake, like this:

~|>> pwmake 256

Identity added: /home/durrendal/.ssh/id\_ed25519 (durrendal@neuromancer)

oqkIkASPYms3b=ip%0GitISs4symJ@HJeKFOrJ@c931YByM1Uk@jIG

It feels good to know that my keys are more secure while at rest, and I can utilize a modern

authentication workflow to unlock them. Hopefully someone else finds this useful too!